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Panther Sentinel

HARTNELL COLLEGE 1920 75th ANNIVERSARY SALINAS, CALIFORNIA

75 Years and Growing!

49th Year Issue 4 Hartnell College • Salinas, CA April 1996



Jennifer Barrett, ready for the Olympics, practices her discus throwing technique on the Hartnell College field.

ASHC election results

Election time here at Hartnell has come and gone, and we would like to congratulate all of the new members of the ASHC Senate for 1996-97:

President- Treva Correa
Vice President- Tony Cruz
Senators- Karen L. Bailey, Viola Hix, Oswaldo Gomez (incumbent), Alycia Reynolds, Nora Ruvalcaba, Rebecca Skrdla, Cesar R. Velasquez (incumbent), Artemia Avalos
Student Trustee- Rebecca Skrdla

Wheelathon at Spring Fair raises funds

Olympics—here she comes!

by Edna Cheek

Because she has never accepted the word "can't" as a reality in her life, Jennifer Barrett, a Hartnell athlete seems to excell at everything she attempts. "I've gotten everything I've ever worked for," Jennifer said in a recent interview.

"Although Mom and Dad try to give me a lot, I have to work for what I really want." Jennifer, who was born without her right arm fully developed, has never considered herself disabled and her disabililty has not been a deterrent in accomplishing her goals. She started athletics at age 7 as a nationally ranked BMX bicycle racing competitor.

Jennifer was first introduced to track events when she was playing softball at Gonzales High School. Her coach asked her to try throwing the discus. She did and threw it farther than anyone else had at the school. She's been throwing discus and shot put ever since that fateful day. She recently made local headlines when it was learned that her current goal is the Para-Olympics being held this year in Atlanta, Georgia as a part of the 1996 SUMMER OLYMPIC GAMES.

Jennifer holds unofficial records both in shot put and discus that dwarf both the world and Para-Olympics current records in both events. She hurls the discus at 132 feet and the shot put at 34 feet, 9 inches. However, Jennifer needs $1,500.00 so that she and her coach can attend the Track and Field Trials in May in Atlanta to qualify as a Para-Olympic contender.

When student members of the Enabler Club learned of Jennifer's athletic accomplishments and of her monetary need to realize her dream, they decided to use money from their annual Wheel-a-Thon to help send her to Atlanta. The ICC Spring Fair Planning Committee joined in with co-sponsorship to make the event a true Community College effort.

Upon learning about the support engendered from her fellow students and faculty, Jennifer said that at first it was hard accepting the attention and publicity.

"I would rather sit somewhere and not be noticed rather than having a lot of attention, says Jennifer. Maybe now instead of people just staring, they'll actually start aking questions." She says that what is really great, is the number of people, whom she doesn't know, who want to help her realize her dream. She also wants to say to Gary Shaw, her Track and Field Coach at Hartnell, "Thanks for always helping me, for being there for me."

One of Jennifer's role models is Jim Abbot who pitches for the California Angels. "If he can , so can I. You can't dwell on the bad stuff, you have to think about the good," says Jennifer.

After the Para-Olympics, Jennifer has another goal. She wants to pursue her education at Sonoma State so that she can teach Kindergarten. Go for the Gold, Jennifer! Go for the degree! Our hats are off to you.

Panther Sentinel
Hartnell College Salinas, CA.

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News You Can Use...

Registration information:

Schedules due on campus	April 1,1996
ASAP telephone & mail-in registration	April 15,1996
Last day to submit mail-in registration	June 5,1996
Last day to use ASAP telephone registration	June 9,1996
In-person registration	
(last name begins with N - Z)	June 10,1996
(last name begins with A - Z)	June 11,1996
Summer sessions classes begin	June 17,1996
Late registration	June 17-21,1996

For additional information, call 755-6714.

We want to publish you!

We want to see your poetry and/or artwork (photography, line art, graphics) in the next issue! Please drop your submissions in the *Panther Sentinel* mailbox V-11, address them to Jake Williamson.

We would like to thank *Kinko's* for all their help in making this issue possible. We would like to send a special thank you to Cindi Dodd, Computer Services Manager and Jim Jacquin, Customer Printing Services.
Thank you again .
— Panther Sentinel Staff

Letters To The Editors

The Panther Sentinel welcomes letters from readers. Letters must contain the author's name, signature and phone number. Not all letters are guaranteed to be published and are subject to editing for clarity and/or space.

The Panther Sentinel wants you!

Do you have a knack for writing? How about shooting photographs? Maybe you have a penchant for drawing cartoons or other art forms or would like to try desk-top publishing or try your hand at proofreading or editing.

If any of the above describes you, then you are just the person we've been waiting for.

Come join our growing team of enthusiastic journalists meeting weekly every Wednesday from 12 to 1pm and again from 3 to 4 pm in Annex Room116. For more information, please call 755-6862 or759-6043.

Special Thanks To

The Californian

For printing the Panther Sentinel and supporting our journalistic aspirations

Boronda's Past and Present

By Rebecca A. Skrdla

Each year since 1985, a group of students earns the privilege of traveling as Boronda scholars. The trips have included Mexico, Taiwan, Hong Kong, Japan, Mainland China, Hungary, England, and the American Southwest. The 1988 trip to Mainland China was canceled due to the Tinnemin Square uprising. This years Boronda scholars will be going to Spain. You can attend a presentation by the 1995 London, England tour group on April 16, in the board room at 8 p.m..

How are participants selected for the Boronda scholarship program? Students interested in any type of art are encouraged to apply. The scholarship is open to applicants during the fall semester of each year. Complete your application neatly. Include several good examples of your work that will convey what your interests and goals are. Many people apply but only sixteen are chosen. Make your application one that will attract the attention of the Boronda committee members. Everyone who makes it through the initial phase, is granted an interview. The group selected represent diversity of art forms, ages, races, and gender. The process is lengthy, so be patient!

Three Boronda participants from last years' trip to England shared some of their experiences with us. Those interviewed were Natalie James, Gypsy Avalos, David Martin and Terry Moschella.

What do you think was a determining factor in your being selected as a Boronda scholar?
Natalie: " I had a long history here at Hartnell in the "Western Stage" and community band."
Gypsy: "History in the arts, being active in different areas, and a high G.P.A.."
David: " Being involved in a variety of campus activities."
Terry: " I was an art major."

Did being a Boronda scholar affect you as a student?
Natalie: "Yes , we all took a class about England before we went. We learned about their history and customs and we all had an independent study project."
Gypsy: "It really increased my motivation to learn about other cultures and be successful so I can travel to other places."
David: "It woke me up. You see a different part of the world. It was my first plane ride, my first experience living in a flat. It was up five stories. We were close to Earl's Court Station."
Terry: "It helped me focus on my main goal. A lot of artists never show their work. It gave me the extra boost I needed to apply to art colleges."

What was most helpful in your preparation for the trip?
Natalie: "It was good to learn about what was there before we arrived. It gave us a deeper appreciation for other kinds of art that we had no knowledge of."
Gypsy: " The class before we left, taught us everything we needed to know. How to pack, what we would see, what to watch out for."
David: "Preparing myself. What to take seriously, how to have an adventure safely, how to be a good guest in another country. You can do all that and still have a lot of fun."
Terry: " We had great instructors in the class before we left. I went with no expectations. I had an open minded approach."

> "Every moment was outstanding. The museums were exceptional."

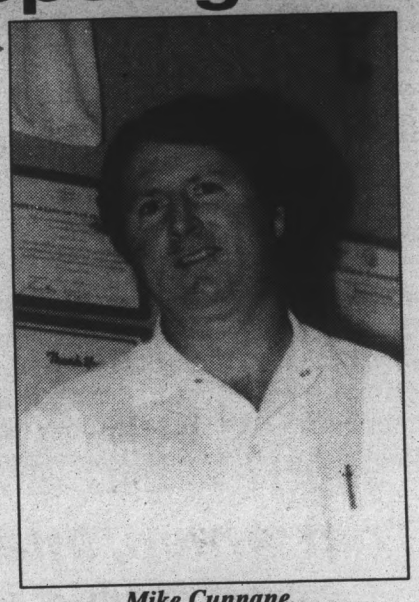
What was the best part of your trip?
Natalie: "You have opportunities to experience the arts in a way that you could never duplicate. I am in music and I got to listen to the London Symphony practice. I could talk to the conductor!
Gypsy: "The whole trip was exceptional. I guess the very best part was a fireworks display on the Thames River and getting to visit Stratford on Avon."
David: "Stonehenge was amazing and the opera was great."
Terry: " Every moment was outstanding. The museums were incredible."

Do you have any advice for the Boronda scholars of 1996?
Natalie: "Read everything you can before you go. While you are there, venture out. Take some risks and see as much as possible of the country while you are there.
Gypsy: "Sleep as much as possible so you have energy to fully appreciate all the places you go. Learn all you can."
David: "Take lots of film with you. It's three times as expensive in other countries."
Terry: "Participate in all the activities. My advice is to have a good attitude and be open minded about new experiences. Have a good time! "

If you are interested in being a Boronda scholar, applications for summer 1997 will be available near the end of September. Start putting your portfolio together now. Remember, your application is their first impression. Next issue? Where have Boronda scholars gone after they leave Hartnell College?

Spotlight on Instructors

By Felipe Ramos



Mike Cunnane, Food Service Manager

Mike Cunnane, the "Chef" food service manager and part time instructor at Hartnell College, started his career at the age of 20.

One summer, between his junior and senior years at U.C. Berkeley, at a resort near Yosemite, Cunnane was given the opportunity to assist a chef who was an American Indian and a veteran. That summer, he learned how to cook without a recipe book. "I decided I really liked cooking for others," he stated, "so I enrolled at San Francisco City College."

Cunnane returned home to U.C.Berkeley, where he received a degree in criminology. However, his interest had been kindled that fateful summer. Upon graduation from Berkeley, he immediately enrolled in a two-year hotel and restaurant course at San Francisco City College.

After completion of the course in San Francisco, Cunnane spent a number of years working for hotels and restaurants in the Bay Area. In 1982 he was offered and accepted a position as food service instructor at Hartnell. Two years later he was offered the position of food service manager

As manager, Cunnane determines the prices of food items while making the customer's interest his main priority. "We try very hard to keep our prices low," he explains. " I'm sure if students look at other colleges, they will find that we have low prices here." So don't compare the food on campus with fast food.

"We're here to serve the school, so the money we make goes back into the operation by buying tables and resurfacing the older ones, getting new equipment and offering new items."

Cunnane's reason for success at his job is that he is good at what he does. He feels that if you are good at what you do, you will always have a job.

Being blessed with a competent work force is an asset. People don't realize how hard he and his co-workers work. The employees always converse with the customers. "There is nothing worse than a business that does not get to know the people they serve," Cunnane says.

The employees all work well under pressure. They work fast because they hate making customers wait even though people seem to come in at once. Cunnane wishes students cared more about their campus by not littering. He is always open for suggestions on how to promote a clean environment in the cafeteria. So feel free to offer him your suggestions.

On Tuesdays, Cunnane teaches a food course called, International Foods. The class studies and prepares cuisines of various countries. Students participate by planning the menu and learning how to cook the food. They also explore the business aspect of the job. It's a fun class.

Students learn about catering with an international theme. On Tuesday evenings, students practice what they have learned by planning and organizing the International Dinner Buffet for the public.

When asked about life at Hartnell, Cunnane said, " It's a great place to be and work, so many different groups of people who are of different ages. It is fun and challenging to try to please everyone." He enjoys having regular hours, weekends off to spend with family and meeting students who are trying to better themselves through education.

His advice to people is "appreciate each and everyday to the fullest if you don't, time will seem to slip away."

Scholarship deadlines drawing near

by Fern J. Hector-Batson

Although the deadlines for most of the scholarships available at Hartnell have passed, there are still some available.

The deadline on the Betty Eugene Walsh Memorial Scholarship for Registered Nursing Majors, has been extended to April 19.

The Nuclear Age Peace Foundation's Lena Chang Scholarship is still available. This scholarship is worth $2500.00 and is awarded annually to minority students enrolled in undergraduate course work who can demonstrate financial need and academic excellence. The deadline is July 1, 1996. Applications are available in the Scholarship Office.

The Charles M. Goethe Memorial Scholarship deadline is June 10. Eligibility requirements and application forms may also be obtained in the Scholarship Office.

The Monterey Chapter #167 of the National Association of Women in Construction will award scholarships valued at $250.00 each for the year 1996-97.
Students must be majoring in construction or a related field. The deadline to apply is May 31, 1996.

Palomar College in San Marcos, California has over 150,000 scholarship, grant and loan listings. It is estimated that more than $6.6 billion went unclaimed in 1992. For a service fee of $15.00 they will provide the necessary data for interested persons. Copies of the needed forms for this service are available in the Scholarship Office.

Ruthless Domain

By Cynthia Petti

As I lay here the sadness drowns
my soul and the screams tear
out of my flesh.

As my wish for eternal life is
forgotten, I'm left to live my
life full of sin, in this horrid
world of mine

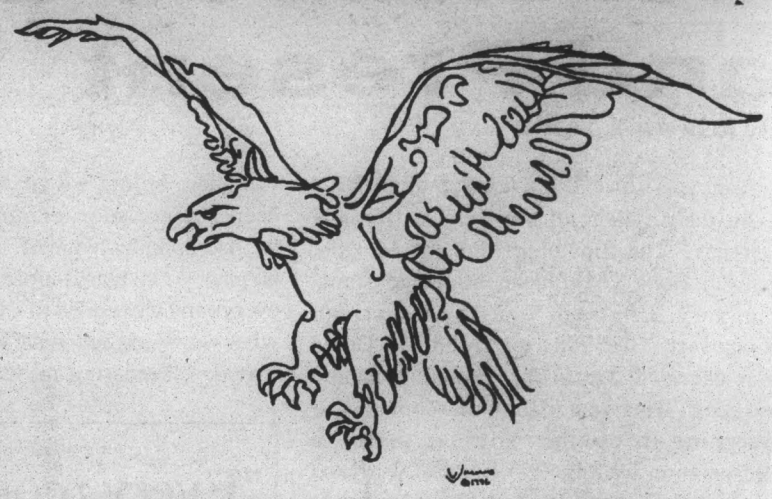
No longer shall I see the light of day.
As I roam and rule in Darkness.
I swallow the pitiless cries that go
through the night unheard, and
unanswered, by anyone but myself.

This tortured soul which is I
is never merciful, for whom
I seek are the abusers of the
world.
No need to be sorrowful
for it is my ruthlessness
that those of purity live on
in the world.

Child Again

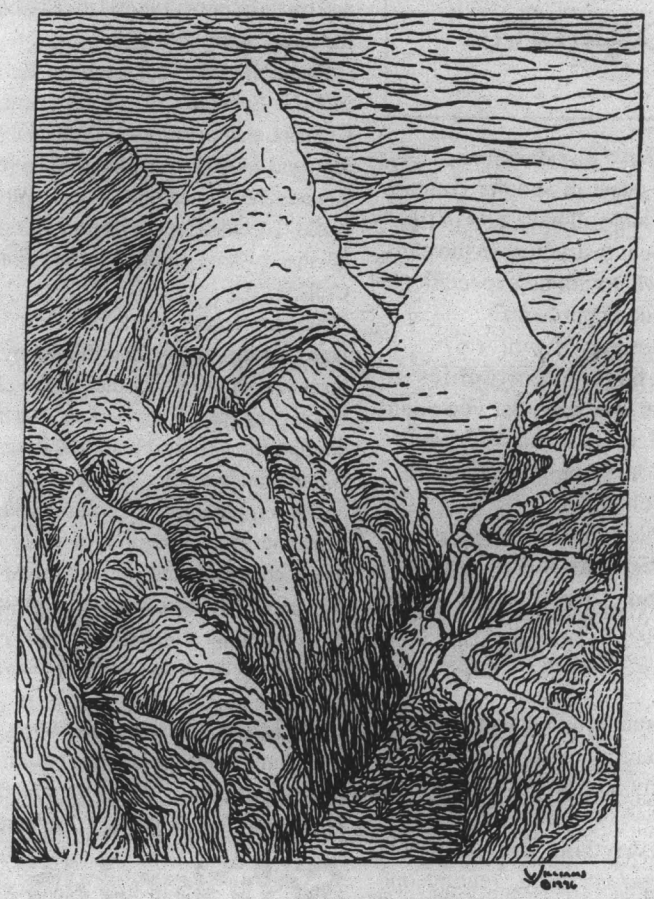
By John Hernandez

Keep me warm inside of you, keep me warm just like the sun
Keep me warm in your breath, tell me I'm the only one
Cover me with your love, protect me with your gentle hand
Cover me with your kindness, give me strength to understand
I feel like an innocent child again, the purest and the truest
I'm as free as the wild wind, flying north to south, east to west
Wash away my bitter pain, purify my soiled soul
Drive away all my demons, convince me the world is beautiful
Help me see what I can not, help me touch what I can't see
Help me feel my true feelings, help me unravel the mystery
I feel like an innocent child again, eveything is so fresh and new
I'm free as the wild wind and I owe it all to you



"That which, intellectually considered, we call Reason, considered in relation to nature, we call Spirit."

Ralph Waldo Emerson



I dream...

By Errol Boddy

I dream...
I dream. I dream. Dream...
Sudden fantasies of desires I'll never name.
Pleasures I would never have
Longings I will always carry.
I dream.
A wonderful world.
Happiness, light and someone.
Someone just as much a fantasy.
I hope against hope for such an existence
And continue to dream.
I dream
Of love. Of love so simple it needs no explanation.
Can allow for no description
And somehow for this cannot exist outside my mindscape
Still I dream...
Until reality shudders me
with the alarm of a car horn.
The light is green.
My love is gone.
It is raining.
No need to wonder why I dream.
Wouldn't you?

Mild Insomnia

By Jason Williams

The vagaries and creamy flesh of a seductress clothed,
the butterfly flutters about in the dark,
alighting upon the boy-man's lips,
crawling up to nose and to eyelash.
The nightmare pounces out,
seizing beauty unknown and unknowing,
lands crouched on sink counter
bending to lap water from unwashed bowl,
views itself entirely, vomits,
flees screaming,
bits of colored life strewn confetti,
twitching.
He wakes, eyes shining neon open sign
in the dark night.
Pound, pound...
Tick, tock, tick...
Flutter.

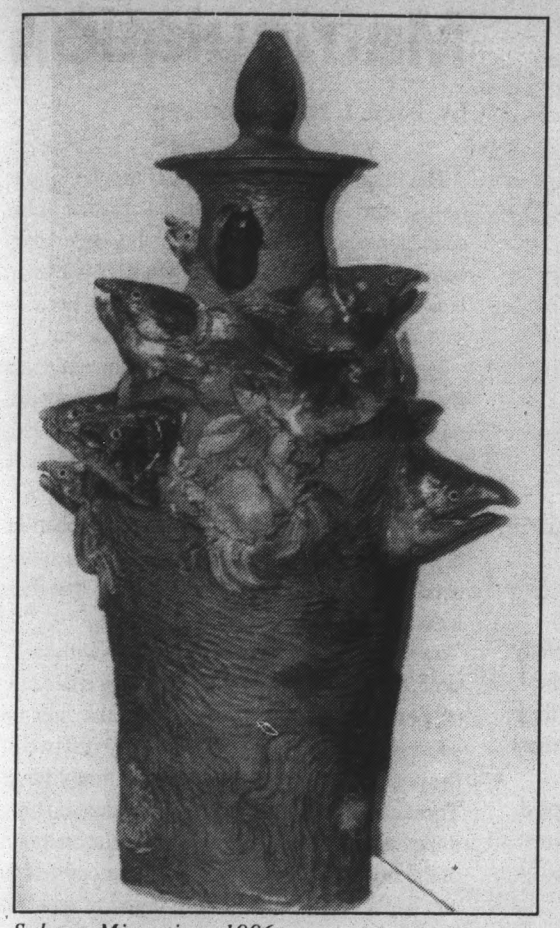


Gone Forever?

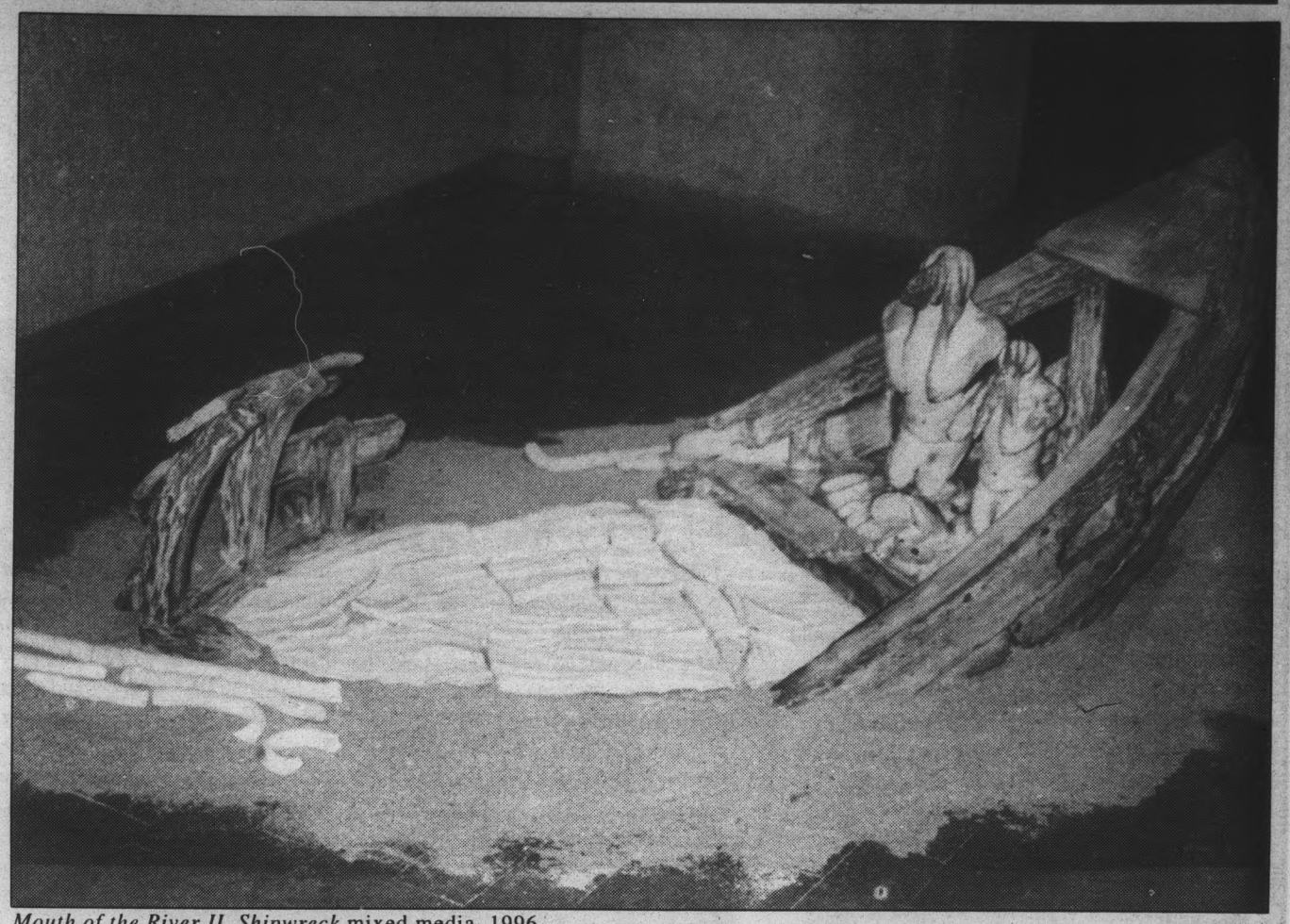
By Felipe Ramos

Sometimes I close my eyes and dream she's still near.
But she is miles and miles away from me. I sometimes dream,
that I can leap that long distance that separates us.
But in reality it's too far to travel. Oh how I wish she was here near me
at least one more time. For I wouldn't let her out of my sight, as
I did that gloomy day of yesterday.
I still see her face at sunrise and sundown everyday of my life.
Oh I still dream she's coming back. But she never seems to arrive at
the door. Like she used to so many times before in the past.
Loving someone so much sometimes hurts one really bad.
Cause makes you dream and hope, so much for something so far.
Oh how I wish I could close my eyes then open them and
see her by the fireplace smiling with life. Can't stand the fact that she
is now gone forever.
Oh how I wish I could change time to my side. Cause I've lost my one
and only true love to it. Now all I have left is memories and I can't
believe she isn't coming home anymore cause she is
gone forever. But she will never truly be gone, for my heart and soul
will always carry her inside me forever until the end of time...





Salmon Migration, 1996



Mouth of the River II, Shipwreck mixed media, 1996

Roots and Shoots exhibit unearthed in Main Gallery

By Fern J. Hector-Batson

The Art Department of Hartnelll College, as part of its contribution to the College's 75th Anniversary celebration, is presenting Roots and Shoots.

Roots and Shoots is an exhibition of ceramic sculpture by two former students, Laurie Anderson Hennig and Dan Hennig. Laurie and Dan graduated from Hartnell in 1966.

Both Laurie and Dan were reared in Salinas. Now, thirty years after their graduation, they reflect on their background and growth over the intervening decades. Laurie and Dan currently live in Boulder Creek, where their studio is located.

In preparing for the exhibition, both artists undertook a re-exploration of Salinas. The mouth of the Salinas River was a revelation. Half submerged in the sand was a sofa, a wrecked boat, cowboy boots and other relics of the human inhabitants of the valley. Mixed with these were the products of natural decay--bones, sticks and logs. From all this miscellany of rubbish, came new life.

Part of the exhibition deals with the regeneration and bringing forth of new shoots. Surrounding the image of the Swiss Gardener, one of the large sculptures, are large organic forms bursting with vigor and life.

This central theme is a direct reference and homage to Dan's grandfather, Ernesto Maggini, who turned 100 years old a few weeks ago. He is still an avid gardener and this exhibition deals with the power of humans and nature to regenerate. The exhibit is dedicated to him.

It is most fitting that the college continues the celebration of its 75th anniversary with a show of work by alumni who carry on the tradition of their early teacher, Leon Amyx. A reception held on Friday, March 22, was attended by more than eighty of the Hennig's family, friends, fellow artists and well-wishers. Visitors to the Gallery were serenaded with music provided by the guitar of Mary Haas and the accordion of Chuck Borsos.

The Gallery, located in the Visual Arts Building, is open to the public free of charge. Hours are Monday through Thursday from 10 am to 1 pm. The exhibition which opened on March 11th and ended on April 11th.



The creators of the excellent *Roots and Shoots* exhibit, Laurie Andersen Hennig and Dan Hennig

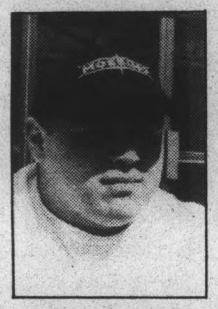


Voices on Campus

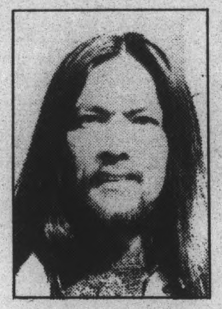
Do you think that teachers get paid enough money?



Kelly Cook
Major- Undecided
"No, They don't get paid as much—if they are *good* instructors and have a master's degree or doctor's degree I think they should get paid more money. But if they're just someone with a teacher's credentials—off the street who hasn't really taught, I feel they're getting paid enough."



Cesar Chaidez
Major- Liberal Studies
"No, Teachers should get more money because of the time and effort they put into teaching future leaders and role models."



Boyette Amagna
Major- Counseling
"I think teachers are getting paid for what they are, for actually it's just paperwork they're doing."



Jamie Lynn Hixson
Major- Communication
"No! I don't think so. No they don't get paid enough."



Russel Jackson
Major- Psychology
"No, I don't think so. I think that they're pretty underpaid as far as the college, or junior college payment is. I think most grade school, high school teachers get paid enough."

Dennis Banks speaks out

By Elenya Nicole Paben

Dennis Banks, "Nowa Cumig" American Indian leader, author and lecturer, confronted issues of racism during his appearance at Hartnell's main stage Wednesday evening, March 13th. Speaking on American Indian Culture and Spirituality, Banks went beyond the stereotypical ideas of baskets, t-shirts and fry bread that some people have of American Indians. In the opinion of Jeanie Kowatsch, one of several local American Indian artists who attended the lecture, American Indians face many difficulties. "Banks' speakings," she said, "will make people look more into the issues."

Banks is the founder and director of The Sacred Run Foundation, an international event with over 56,000 miles already run. He is also the founder of the American Indian Movement (AIM), which was established largely to engage in legal cases protecting the Native American Treaty Rights.

Bank's autobiography, Sacred Soul, won the Non-Fiction Book of the Year Award in 1988.

Hartnell Matriculation

by Fern J. Hector-Batson

The matriculation process at Hartnell College helps students who enroll to realize their educational goals. It is a responsibility undertaken both by the college and the students. However, it is now a prime concern of the college, because several students are on academic probation.

Janet Lyle, Student Services Technician and a member of the Matriculation Committee, says that one problem in the past has been the lack of feedback from Admissions and Records. There is now a computerized tracking system to follow-up and identify students who are on academic probation. Students who find themselves in this position, need to meet with their counselors so that their individual concerns may be identified.

Janet stated that if students need help with study skills or have problems with attendance because of personal issues, those problems can be addressed. She also said that these are just two of the possible concerns that students might have. These concerns and others can be addressed only if they are identified and brought to the attention of the student's counselor. The resources to help are available and students are urged to seek the help that they need.

Ms. Lyle also added that sometimes students are not aware that there are certain steps that each one must take to assure success in the matriculation process. There is a flyer which gives a step-by-step guide to registration at Hartnell. It also gives the names of counselors and their telephone numbers. Students may see a counselor at any stage of the process.

The staff of Student Development Services in Merrill Hall, Room 3 is ready to help. Stop by or give them a call. Their telephone number is 755-6033. Good Luck!

HOROSCOPES FOR APRIL 1996

by Anita Clampett

ARIES MARCH 21-APRIL 19

You're pinched financially this month. You could solve that problem if you quit spoiling those you love. Accept that party invitation. Singles could find unexpected romance.

TAURUS APRIL 20-MAY20

Great time for new beginnings. The planets are smiling on that plan you've had on the back burner; but all will come to no avail if you don't stash that ATM for awhile.

GEMINI MAY 21-JUNE 20

So many responsibilities seem pressing this month. Recognize stress and you'll find you are making things harder than they should be. Somebody could tell you something you would rather not know. Be sympathetic.

CANCER JUNE 21-JULY 22

A short, unplanned trip could be just what you need. It may be inconvenient at first, but it will be worth it. Read between the lines, you were probably wrong!

LEO JULY 23-AUG. 22

Romance in an outdoors setting is the cat's meow. Wise up and accept those hiking invitations. All cats love warm fireplaces. A skiing trip could bring more than a social outing.

VIRGO AUG. 23-SEPT. 22

Working Virgos be on the look-out for job related problems. Beware of a Taurus or Cancer. Your personality conflict could become more than a debt. Ignore this person and watch this person turn red-faced.

LIBRA SEPT. 23-OCT. 22

Good time to get rid of that old junk that's been holding you back. Spring clean the soul. Look for a surprise with an out-of-state post mark.

SCORPIO OCT. 23-NOV. 21

Good karma in the pocketbook is due your way, so don't stress. It's a result of hard work, so relax. A phone call will revive an old friendship.

SAGITTARIUS NOV. 22-DEC.21

Start working on some of those long-term goals. Your powers of persuasion are high now. Use them! Present your unique concepts. You will be surprised at the response.

CAPRICORN DEC. 22-JAN.19

Too many irons in the fire. Slow down, a friend or family member really needs you right now. You need to be together if you're going to help. Do everything in moderation.

AQUARIUS JAN. 20-FEB. 18

Trust is needed now. Keep in mind you are human and have probably asked the same favor at one time. Don't judge a book by its cover. A once-in-a-lifetime chance has "accidentally" landed in your lap. Close your eyes and listen.

PISCES FEB. 19-MARCH 20

Not all Libras will tip the scales. And if they should do you that small favor, make sure you can afford the "tip". You should discover that the quiet wall-flower has been your strongest supporter. TAKE OFF THE BLINDERS!!

Hartnell women and men's tennis

By Portia Lino

"Smile!" the photographer says to the Hartnell Women's Tennis Team as he sets up his camera for the annual group picture.

Before I flash my priceless fake smile, I quickly glance at the other women on the team and wonder how this picture will turn out. When I get the picture three weeks from now, the writing on the bottom, HARTNELL WOMEN'S TEAM. Period.

One picture cannot reflect all that we, as a team have gone through so far. One picture cannot show our wins and losses (not that they are important). One picture cannot convince anyone how great the coach is. One picture cannot mirror how amazingly well the players get along. One picture cannot do anything, but just sit there on my bedroom dresser.

After the picture is taken, I start reflecting on the season, so far. I had played varsity tennis in high school for four years, but this is my first year playing on the Hartnell team.

After only a couple of days, the players and I became every coach's dream, a team. "Everyone gets along and I think that's what a team should do," says Cherie Rumsey. Win or lose, we gave it our all. We played to the very last point to the best of our abilities. There were a lot of frustration and tears before, during, and after the matches. Despite all of this, we stood by each other and maintained a healthy mental attitude. "We are all very supportive of each other and we are always there for each other." says Angie Maturino.

This healthy mental attitude is due in part to a very knowledgeable first year coach Denise Spencer. She would always talk to us before a match and give the team a very effective pep talk. She fully understood all of the needs that her players wanted met. "I always tell them to believe in themselves. If they lose, that doesn't make them any less of a person. Their families and friends are not going to hate them all because they lose one match," says Denise. We keep this perspective in our minds before we go on the courts.

Being curious, I wondered if the Men's Team had the same bond that the Women's Team had. After all, it is only fair to learn more about them. For one thing, we practice on the same courts everyday, we play against the same rival teams and lastly, we love to play the same sport.I decided to find out.

"Everyone gets along and I think that's what a team should do."

I sat down with the coach, the assistant coach and the players to interview them. As I listened to them talk and answer my questions, I found them to be very relaxed and comfortable around each other. They cracked jokes and laughed a lot in between the questions.

"We get along so well and we do things together. We just don't meet at practice and that's our only contact." says Charles Chavez. Some of their contacts outside of the tennis courts include watching the Tyson-Bruno match at one of the player's homes. Sometimes when they eat out after their away matches, they play jokes on some unsuspecting player by simultaneously singing Happy Birthday to him in a crowded restaurant.

Like the women's team, the men's record does not reflect their performances. "We don't get results through out matches as far as wins and loses, but the end result is better playing," assistant coach Blayde Bynum says. This is his first year being the assistant coach for Hartnell. Blayde brings out a certain competitive spirit in all the players. This makes them work harder and play the best that they can. Also, since the coach, Alex Golomeic, cannot be at two places at one time, Blayde is there to support and advise the players at all times.

Unlike Denise Spencer, Alex Golomeic has been coaching for 18 years. He also coaches the Men's Soccer Team, even guiding his team to their first ever Coast Conference title and going all the way to the Northern California semi-finals. "He's real consistent year after year. He does the same thing to one team that he did with the other teams. It seems to work." say Blade.

There are many similarities between the Women's and the Men's teams. The biggest of them all would have to be the great bond between the players. This bond comes naturally, especially when we enjoy what we do, win or lose. Tennis is an individual sport with a team concept.

I think it is safe to say that Hartnell is not famous for its tennis teams. There are many college teams out there that have flawless, winning records every year. Though our records are not as good as other college teams, we do have something that any team would be envious to have and that is motivation, hard work and perseverance, and most importantly, teamwork. "To get the best out of the game has nothing to do with winning or losing." Mike Ventura says. This sentiment could not have been truer than for Hartnell's Women's and Men's Tennis Teams.

Students, orient yourselves!

By Edna Cheek

"You learn how to find information. That's what education is all about. The difference between people who achieve or find what they want [and those who don't] is they know where to find it," said Ms. Janet Lyle in describing the many benefits of Counseling 21. Janet is Student Services Technician in the Student Development Services Office, located in room M3 in Merrill Hall.

Counseling 21 is a short orientation course of about five hours. It is designed to assist students who are new to Hartnell College and the college environment. It is the vehicle used by the college to give information to students mandated by the state. According to Ms. Lyle, California education codes require that students receive information regarding academic expectations for certificates, degrees and transfer options to four-year public and private colleges. In addition students must be informed of their rights and responsibilities as education consumers and of the services available to them. "Unless you have the inside scoop, you don't know where to go," said Janet.

Whether a student is bilingual, a mature student re-entering the academic world or a graduate coming from high school, Counseling 21 has course offerings and class times to meet the information and scheduling needs of everyone. Classes are offered throughout the year with a variety of counselors and times and dates available, including evenings and Saturdays. Although Counseling 21 isn't a required course at Hartnell, Ms. Lyle feels that every student can benefit from the course.

Do YOU know about...progress probation, the Care program, DSP&S, gender equity, field trips, free tutoring, financial aid, the transfer center, job bank, tours of four-year colleges and universities? Counseling 21 will give you these answers and much more. So that you do know where you are going and what is available to you, make an appointment today with the friendly staff in room M3 to enroll in Counseling 21 or call 755-6033.

Songs of Heroes

By Rebecca A. Skrdla

Women's history month at Hartnell brought a very informative and enlightening speaker on March 21, in the person of Helen Heightsman Gordon . She is the author of seven books including two just published. Voice of the Vanquished and First Captured, Last Freed were both published in August 1995.

She has enjoyed writing since she was a small girl. At age 25, she went to college to pursue her dream. A re-entry mother with a secretarial career of 10 years and three pre-schoolers, Gordon continued until she earned a B.A. and master's degree in English Literature from Sacramento State College. Gordon has had a distinguished career in the English department at Bakersfield College where she was employed for 21 years.

Her first five books were textbooks geared toward basic composition and vocabulary building. Voice of the Vanquished is a historical novel and First Captured, Last Freed is a book of her uncle's memories, a World War II prisoner of war. Voice of the Vanquished was written about Marina La Malinche, one of 20 slaves given to Hernan Cortes in 1519.

Her life as a slave was unusual because she spoke two native languages and learned Spanish, which raised her esteem with her captors. She became a patriot who helped form alliances to fight Moctezuma. There are many myths and misconceptions surrounding the history of Marina. For years she has been portrayed as a traitor to her people.

Gordon's message was that she was actually a hero who used her skill and position to benefit her country. When Gordon spoke at Hartnell, several people in the audience did not agree with her interpretation. You can borrow Voice of the Vanquished from BookLenders or check it out of the school library.

Helen Gordon wants to find more stories about women who influenced history and did not receive recognition. She is presently researching Hypatia of Alexandria from the early history of Egypt. Watch for more of this author's books and lectures. She is an inspiration to all women and a role model for re-entry women at Hartnell College. Are you a hero with a story to be told?

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Calender of Events April 1996

8
Cal State Monterey Bay Rep. **Aletha De Soto**, 1-4pm in Student Center

Senior Safety, for seniors only. Jenny LeTourneau, 6-8pm in HCC116, free class.

9
Chico State Rep., **Linda MacMichael**, 10-2pm in Student Center

10
ASHC ELECTIONS TODAY. BE SURE TO VOTE!

Art Department **Planter Sale** 10am-4pm in Student Center

Fresno State Rep. **Jan Stewart**, 9-2pm in Student Center

11
ASHC ELECTIONS TODAY. BE SURE TO VOTE!

Re-Entry Brown Bag Lunch Speaker Series Speaker: Janet Lyle, **"How to Choose a Career"** in HCC 116, 11-12noon

Softball- Cabrillo, 3pm
Baseball- Ohlone, 2pm

Gang Awareness Workshop, Monterey County Sheriff's Department. 6-9pm in MER12, admission is free.

12
Men's Tennis- De Anza City College, 3:30pm

13
Track & Field-Ed Adams Invitation, 10am

16
Softball- West Valley, 3pm

Baseball- Gavilan, 2pm

17
Fresno State **ON-THE-SPOT Admission** by Appointment only, 8:30-4pm

18
SJSU **TAA Admission Day**. For students who have transfer agreements for SJSU

Re-Entry Brown Bag Speaker Series Speaker: Dr. Robert Huffer, Clinical Director, Family Systems Counseling **"Identifying the Hidden Bulimic"** in HCC 119, 11-12noon

Baseball- Monterey, 2pm

Affirmative Action Workshop, Jim Lorenz, 6:30-8:30pm in PA125. Admission is free.

19
UC SAnta Cruz Rep. **Barbara Love** 9-11:30am appts., 12-1pm general info. & 1-3pm appts.

23
Baseball- San Jose, 2pm

Building Partnership with Hartnell for a Better Community, Dr. Ed Valeau, Pres./Superintendent of Hartnell College, holds open forum concerning Hartnell and partnerships to benefit the community. King City High School Auditorium, 6:30-8:30pm. Admission is free.

24
Stanislaus Rep. **Judy Piger**, 10-1pm in Student Center

Cal State Monterey Bay Rep. **Aletha De Soto**, 8-11am in Student Center

Re-Entry Brown Bag Speaker Series Speaker: Daniel Perez, Reading Lab Instructor Hartnell College, **"Acquire Reading and Study Skills"** in HCC 116, 11-12noon

25
Softball- Gavilan,3pm
Conference Trials, 2pm
Baseball- Mission, 2pm

27
Conference Championship, 1pm

29
Hartnell College Annual Student Show in Art Gallery, Visual Atrs Facility. Monday-Thursday, 10-1pm

30
SJSU Workshop **Donna Ziel & Donna Ellis DSPS**, general info 10-11:30am in HCC 119

Baseball- Chabot, 2pm

Remenber Graduation!

The May issue of the Panther Sentinel will be the last issue for the semester. So, what would be more fitting than to end the semester with a THANK YOU or CONGRATULATIONS to a special someone. Simply look at the ad rate box below, fill it out and send it to us as soon as possible. The THANK YOU and CONGRATULATIONS will appear under a special box on the back page of the Panther Sentinel. So, don't forget and send them in soon!!

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ARTIST'S SERVICES

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WANTED

Hardworking, enthusiastic, creative, determined, people to be part of the Panther Sentinel Staff. If you are one of these or all of these we invite you to become part of or team. Come to Annex 116 and find out what the Newspaper staff is doing. Regular meetings held on Wednesdays 12noon-1pm and 3pm-4pm in Annex 116. See you there!!

CLASSIFIED ADS

To place a *Panther Sentinel* advertisement in a future issue , check the category for your ad (no personals, please). Enclose this form and your payment in an envelope and place it in the *Panther Sentinel* staff mailbox, V-11 (Cashier office).

Future issue deadlines: March 14 for April 28 issue, and April 16 for May 25 issue.

Rates per column inch (25 words) : $5.00 / $2.50 for students

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